



FROZEN

1. LIVING IN FEAR NOT ONLY HURTS YOU, IT HURTS THOSE AROUND YOU

"The LORD is with me; I will not be afraid. What can man do to me?" Psalm 118:6

"For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline." 2 Timothy 1:7

2. RESPONDING TO FEAR INAPPROPRIATELY CAN BE JUST AS DESTRUCTIVE AS EXPERIENCING IT

"Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; he will never leave you nor forsake you." Deuteronomy 31:6

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3. THE OPPOSITE OF FEAR ISN'T COURAGE, IT'S FAITH

"For you did not receive a spirit that makes you a slave again to fear, but you received the Spirit of sonship. And by him we cry, 'Abba,' 'Father.'" Romans 8:15

"Be on your guard; stand firm in the faith; be men of enduring faith; be strong." 1 Corinthians 16:13

"Who is going to harm you if you are eager to do good? But even if you should suffer for what is right, you are blessed. "Do not fear what they fear; do not be frightened." 1 Peter 3:13-14

4. THE WAY TO DEFEAT FEAR IS THROUGH SACRIFICIAL LOVE

"There is no fear in love. But perfect love drives out fear." 1 John 4:8