



CONTENTMENT

Content: a state of peaceful happiness, satisfied, pleased, not needing more.

1. APPRECIATE WHAT YOU HAVE

"I have learned to be content whatever the circumstances. 12 I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. 13 I can do all this through him who gives me strength." Philippians 4:11-13

"Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus." 1 Thessalonians 5:18

2. STOP WINDOW SHOPPING

"Just as Death and Destruction are never satisfied, so human desire is never satisfied." Proverbs 27:20

"And this world is fading away, along with everything that people crave. But anyone who does what pleases God will live forever." 1 John 2:17

3. DON'T LET YOURSELF GET EMPTY

"7 I once thought these things were valuable, but now I consider them worthless because of what Christ has done. 8 Yes, everything else is worthless when compared with the infinite value of knowing Christ Jesus my Lord. For his sake I have discarded everything else, counting it all as garbage, so that I could gain Christ 9 and become one with him." Philippians 3:7-9

"So you also are complete through your union with Christ" Colossians 2:10