



## #SquadGoals

### Qualities of a healthy friendship: David & Jonathan

After David had finished talking with Saul, he met Jonathan, the king's son. There was an immediate bond of love between them, and they became the best of friends. 1 Samuel 18:1

#### 1. A healthy friendship requires \_\_\_\_\_

And Jonathan made a special vow to be David's friend, and he sealed the pact by giving him his robe, tunic, sword, bow, and belt. 1 Samuel 18:3-4

**Commitment is difficult because of our fear and lack of role models**

#### 2. A healthy friendship looks out for the \_\_\_\_\_

Saul now urged his servants and his son Jonathan to assassinate David. But Jonathan, because of his close friendship with David, told him what his father was planning. "Tomorrow morning," he warned him, "you must find a hiding place out in the fields. I'll ask my father to go out there with me, and I'll talk to him about you. Then I'll tell you everything I can find out." 1 Samuel 19:1-3

**Looking out for the best is difficult because of our selfish nature**

#### 3. A healthy friendship offers real \_\_\_\_\_ ...more than information

I will come out and shoot three arrows to the side of the stone pile as though I were shooting at a target. Then I will send a boy to bring the arrows back. If you hear me tell him, 'They're on this side,' then you will know, as surely as the LORD lives, that all is well, and there is no trouble. But if I tell him, 'Go farther-- the arrows are still ahead of you,' then it will mean that you must leave immediately, for the LORD is sending you away.

1 Samuel 20:20-22

Helping others is difficult because of our busy-pace

#### 4. A healthy friendship withstands personal \_\_\_\_\_

Saul boiled with rage at Jonathan. "You stupid son of a whore!" he swore at him. "Do you think I don't know that you want David to be king in your place, shaming yourself and your mother? As long as that son of Jesse is alive, you'll never be king. Now go and get him so I can kill him!" 1

Samuel 20:30-31

**Sticking it out is difficult because of our "easy out" mentality**

#### 5. A healthy friendship displays genuine \_\_\_\_\_

As soon as the boy was gone, David came out from where he had been hiding near the stone pile. Then David bowed to Jonathan with his face to the ground. Both of them were in tears as they embraced each other and said good-bye, especially David. 1 Samuel 20:41

**Expressing our feelings is difficult because we lack relational depth**

### Last Thoughts:

**Prayerfully befriend friends, Ask who gets the glory, myself or God? Make Jesus your number one relationship.**